





Sam & Forest Leong
HACO Culinary Ambassadors

Like the icing on a cake, a great sauce adds the finishing touch to a dish.

Braised Beef Cheek With White Radish

Serves 4

800g beef cheeks, cut into 6-cm cubes

100g coriander50g spring onions

garlic cloves, peeled and deep-friedwhite radish, peeled and sliced

Chinese dates star anise

1 ginger knob (50g), scraped and sliced

1 cinnamon stick 3 ltr water

10ml corn starch solution
4 chervil sprigs, for garnishing
4 purple shiso sprigs, for garnishing

Seasoning

50ml Chinese rice wine 30ml oyster sauce 20ml bean paste 10ml dark soy sauce 30q rock sugar

2g Haco Classic Demi-Glace

- For the seasoning: Mix all the seasoning ingredients in a mixing bowl and set aside.
- Poach the beef cheeks in a pot of boiling water for about 20 seconds. Drain and place the
 poached beef cheeks into a clean saucepan. Add in the coriander, spring onions,
 deep-fried garlic cloves, sliced white radish, Chinese dates, star anise, sliced ginger and
 cinnamon stick. Pour in 3 litres of water, and bring the mixture to a boil over high heat.
 Add in the seasoning, reduce heat and simmer until white radish has softened; for about
 40 minutes. Remove the softened white radish and set aside. Continue to simmer until
 the beef cheeks are tender; for about 1 hour 20 minutes. Remove the braised beef cheeks
 from the resulting sauce and bring the sauce to a boil again and then thicken the sauce
 with the corn starch solution, and remove saucepan from the heat.
- To serve: Place the braised white radish onto each warmed serving plate, and top with the braised beef cheeks. Drizzle the braising sauce over the braised beef cheeks, and garnish with a sprig of chervil and purple shiso.